



NEW YEAR RESOLUTIONS

At Great Harvest, we mill whole grain wheat kernels and blend them with pure and simple ingredients like honey, water, yeast and salt.

Our Dakota and High Five Fiber Bread's (and many more) are NEW YEARS RESOLUTION APPROVED. YOU NEED OUR GOOD CARBS FOR YOUR WORKOUTS!

BREAD HOT FROM THE OVEN STARTING AT 9:30 AM DAILY

GOODIES FRESH & READY WHEN WE OPEN AT 7 AM

Follow us on Instagram:

@greatharvestua

HANDCRAFTED Breads & Goodies

January 2025 BAKE SCHEDULE

::::::EVERYDAY BREADS & GOODIES:::::::::::

BREAD: Honey Whole Wheat*, Old Fashioned White, Pepperoni Rolls, Cinnamon Chip, Xtreme Cinnamon Swirl, GLUTEN X GOODIES: Cinnamon Rolls, Scones, Whole Grain Fruit Bars, Brownies, Oatmeal Walnut Chocolate Chip Cookies

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*= Whole Grain

TUESDAY BREADS & GOODIES

BREAD: DAKOTA*, Pumpernickel Rye*, Cheddar Garlic, CHOCOLATE BAB-KA, Pumpkin Chocolate Chip GOODIES: MOLASSES COOKIES, Kula Bars

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WEDNESDAY BREADS & GOODIES

BREAD: Garlic Herb, Artichoke Rolls, HIGH FIVE FIBER*, Xtreme Cheese Swirl, Orange Brioche, Jewish Apple Cake GOODIES: Snickerdoodle Cookies, Mocha Frosted Brownies

THURSDAY BREADS & GOODIES

BREAD: DAKOTA*, Sourdough, Cranberry Orange,* Asiago Pesto Sundried Tomato, Potato Rosemary, Irish Whisky Mocha Cake GOODIES: Peanut Butter Chocolate Chip Cookies, Pecan Pie Bar

FRIDAY BREADS & GOODIES

BREAD: Pumpernickel Rye*, Challah, Cheddar Garlic, Jalapeno Cheddar, White Chocolate Cherry Swirl, Sourdough, Jewish Apple Cake GOODIES: Oatmeal Raisin Cookies, Buckeye Brownies

SATURDAY BREADS & GOODIES

BREAD: HIGH FIVE FIBER*, Butterflake Rolls, Sourdough, Cinnamon Chip Apple Pie Swirl, Cracked Pepper Parmesan, Cranberry Almond Teacake GOODIES: Salted Caramel Cookies

Great Harvest Upper Arlington 4723 Reed Road Upper Arlington, OH 43220 614-457-9800

ORDER ONLINE AT www.greatharvestua.com

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.